

VOL. 1
VER. 1.0

THE MULADHARA CHAKRA

astral quest

SEASON III - STUDY GUIDE

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Root Chakra

The energy of compression, is the creative force underlying the material world, pulling particles together like building blocks to manifest the earth element.



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2. Body Parts
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We begin with the Muladhara Chakra. This is the base, the power planet or generator that will sustain your entire Chakra System. It is fruitless to attempt to develop the higher more subtle Chakras without a fully functional Root Chakra. With a strong Root Chakra your Will is restored and you gain the energy necessary to project through atmospheres of great turbulence.

Here you will find just about every correspondence to the Root Chakra. This will allow you to isolate the Chakra and begin restoration and repair from many angles. The methods are so numerous the probability has been decreased greatly of failure. This we do for you. Wholeness!



James "Sevan" Bomar

Astral Quest Founder

ROOT CHAKRA STATISTICS

OPEN AND BALANCE

SECURITY

LOYALTY

STABILITY

GENEROUS

FERTILITY

LONGEVITY

STAMINA

PASSION

BALANCE

FOCUS

CLOSED AND DAMAGED

INSECURITY

SHALLOW

FRAILTY

SELFISHNESS

IMPOTENT

CONSTIPATION

FATIGUE

LOW SELF ESTEEM

UNCOORDINATED

ADDICTION

FEAR

NOSE

THE BODY

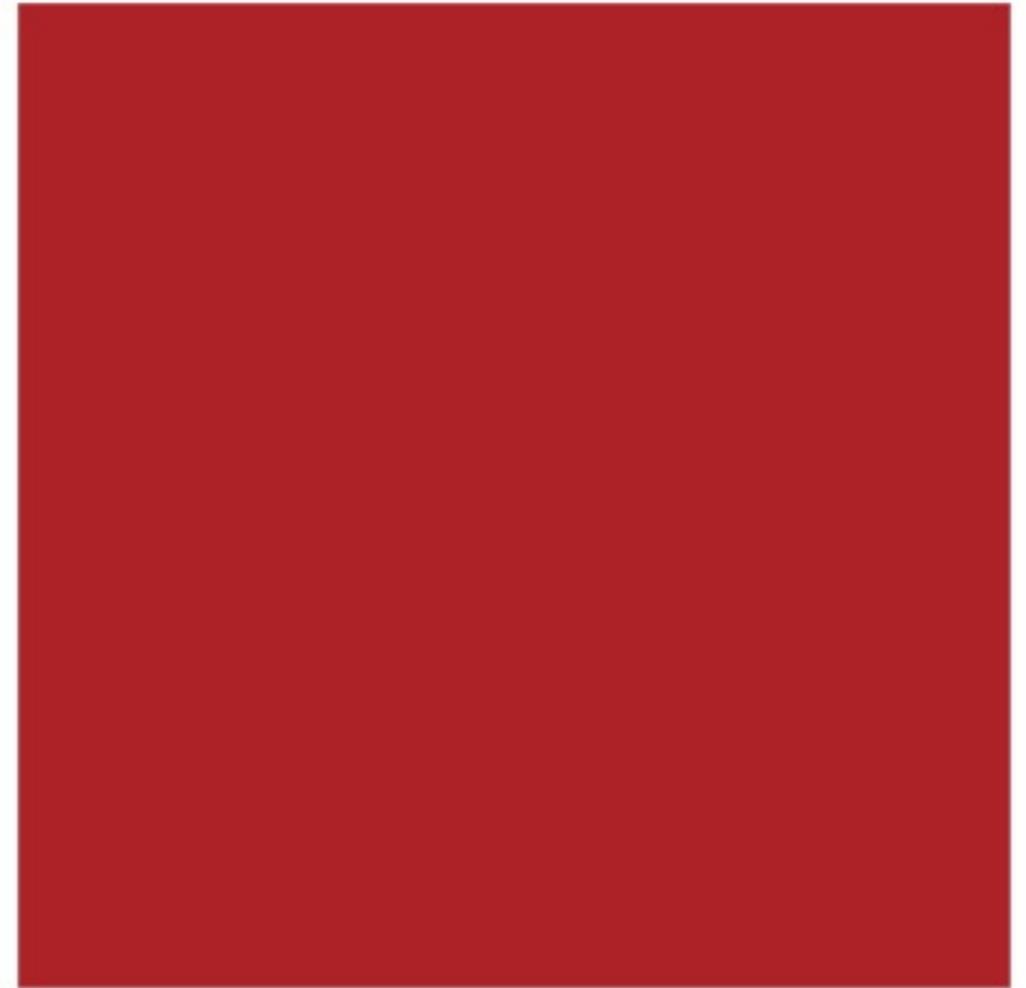
LARGE INTESTINES

ANUS

Internal Anal Sphincter ◀ ▶ ✕



CYMATIC SHAPE



COLOR

SOUND

535 HZ

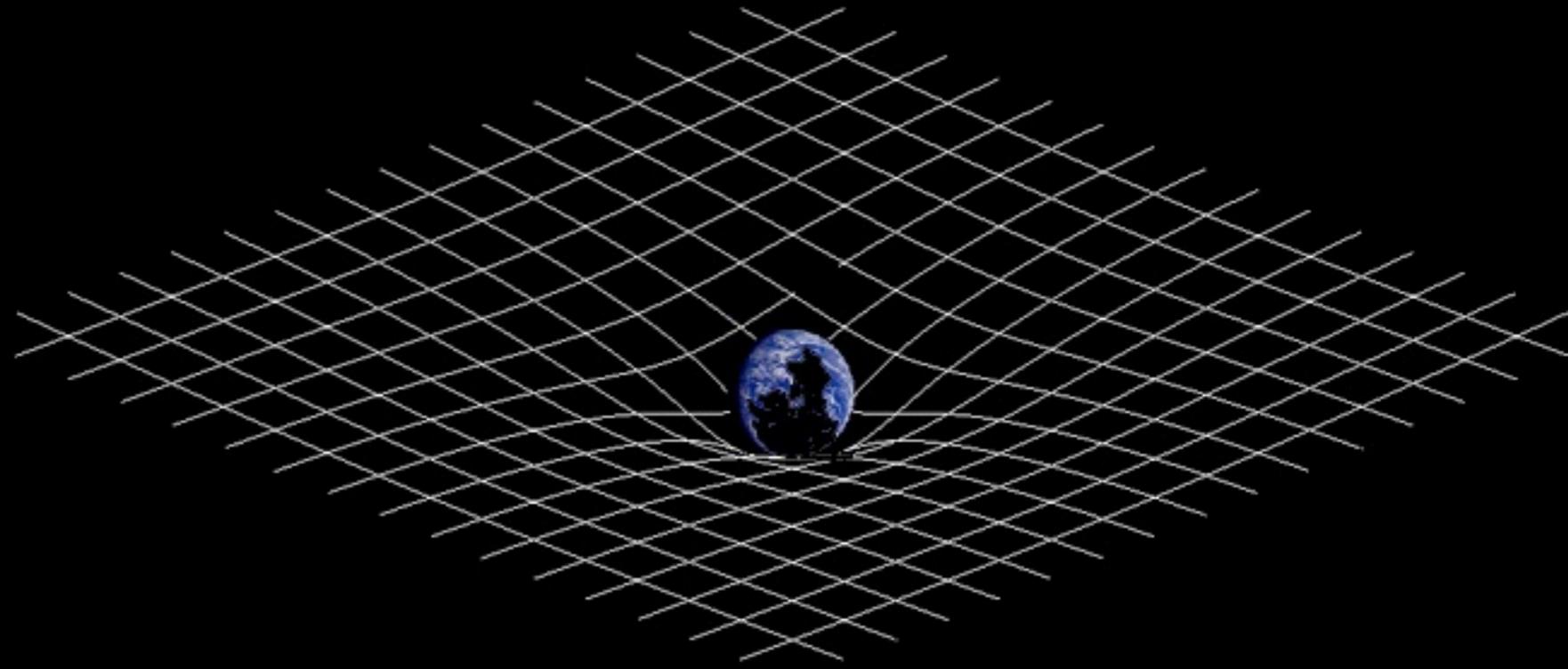


AGE OF DEVELOPMENT

1 - 7 YRS OLD



GENDER = MALE



FORCE = GRAVITY AND LEVITATION



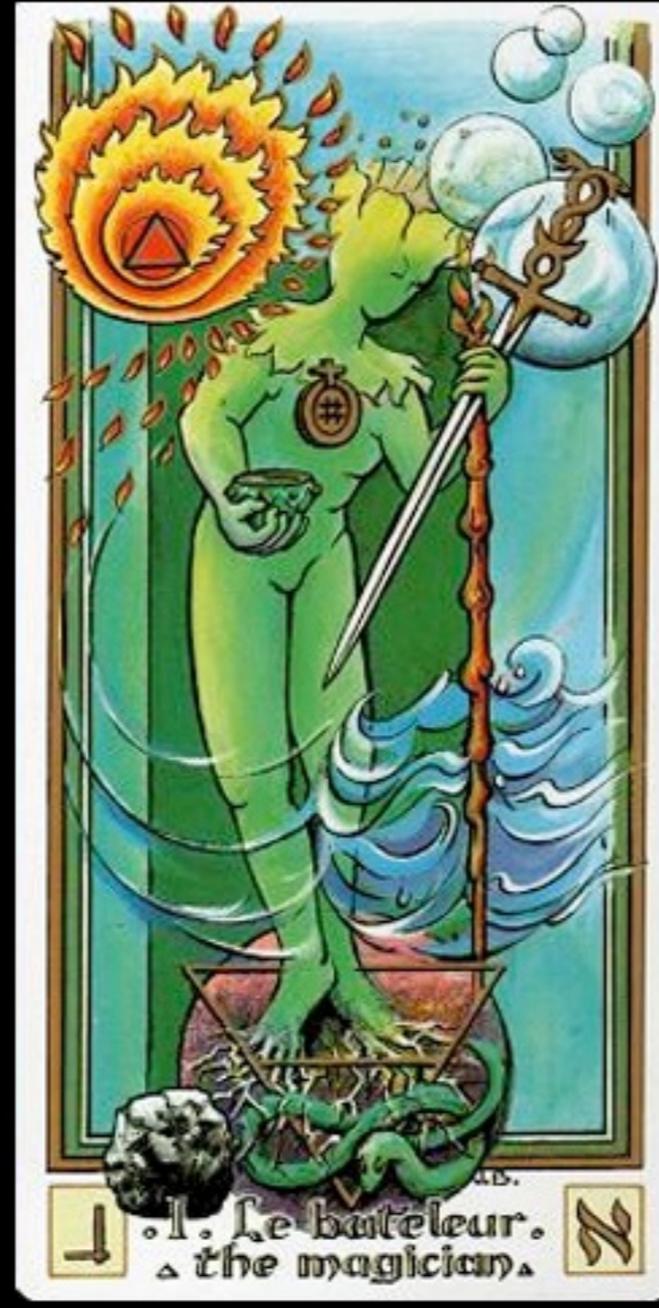
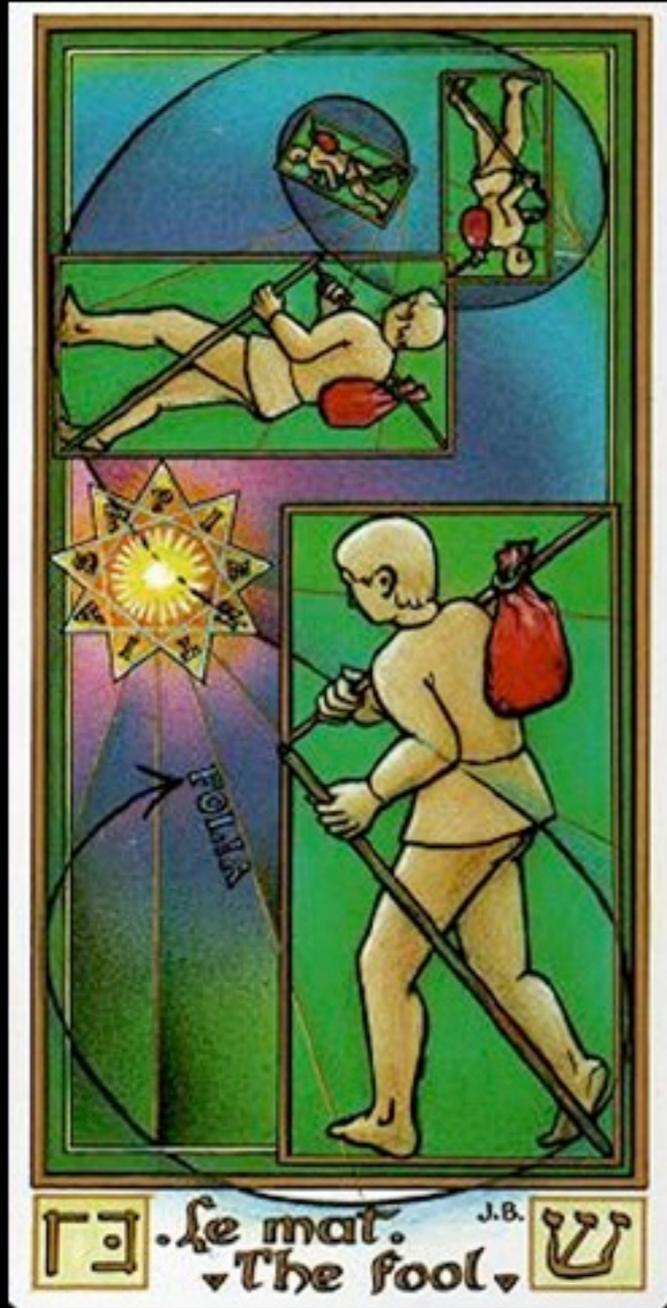
MEDITATIVE DIRECTION

DOWN

"THINK THRUST"



TAROT



THURISAZ



RUNE

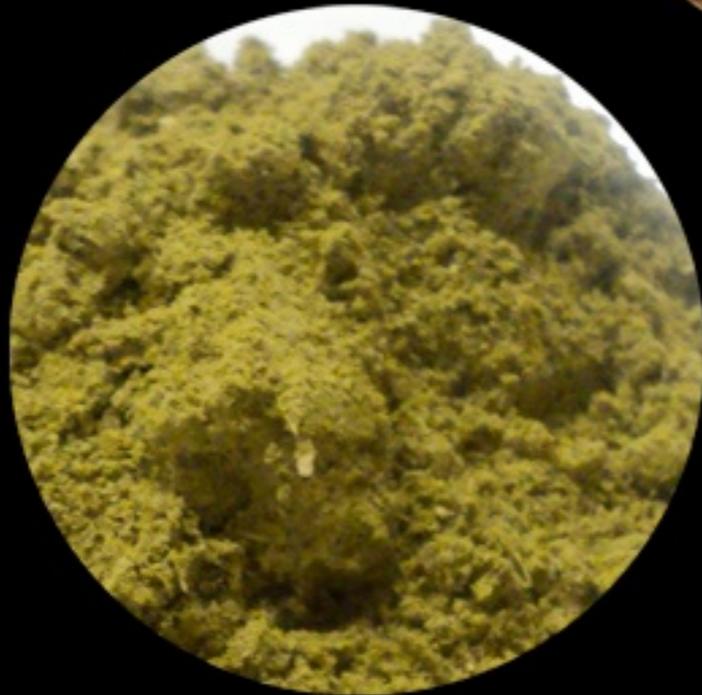
URUZ



PLANTS AND SCENTS



MYRRH



FRANKINCENSE

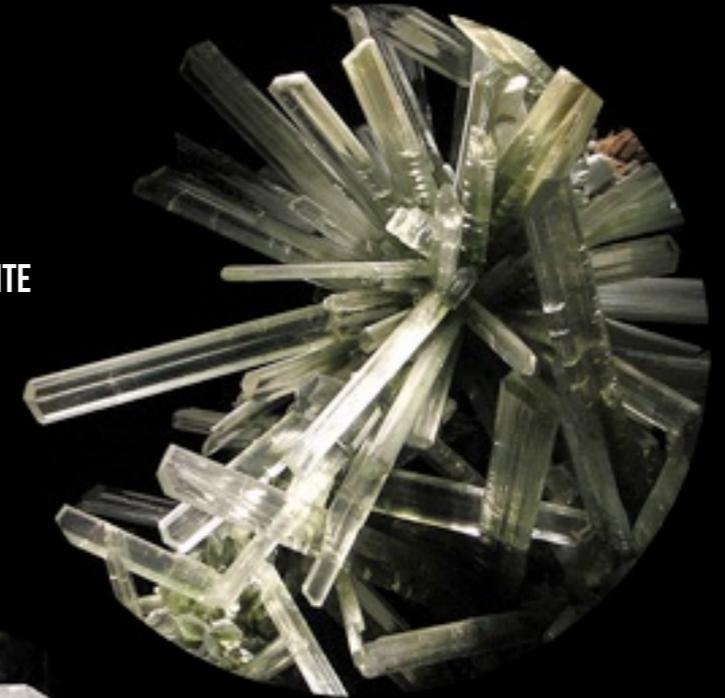


OAK



MUSK

CRYSTALS



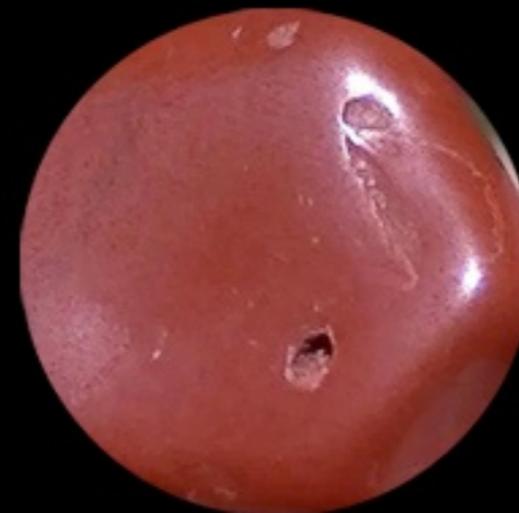
SELENITE



SMOKY QUARTZ



JASPER



PLANET AND ELEMENT

MARS AND EARTH

REPAIR AND SUSTAINABILITY

[Click Text to Open Links](#)



Shilajit contains over 85 minerals. Pulled from the base of mountain ranges such as the Himalayas Shilajit increases the quality and consistency of the major bodily fluids.



Jing Builder keeps semen healthy and full keeping one strong and stable. This leads to greater potency, more ambition, and a powerful sense of health and vitality.



[PURE LADKHI SHILAJIT](#)



[JING BUILDER](#)



FREE

High Quality sounds for free. I discovered an amazing site that allows you to customize sounds from numerous atmospheres based on their harmonic. Take a look by clicking here. This includes bodily tones, isochronic waves, atmospheres and much more.

Chakra

Centers of spiritual power in the human body, usually considered to be primarily seven in number.

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Colon

The colon is the last part of the digestive system in most vertebrates. It extracts water and salt from solid wastes before they are eliminated from the body and is the site in which flora-aided (large bacterial) fermentation of unabsorbed material occurs. Unlike the small intestine, the colon does not play a major role in absorption of foods and nutrients. However, the colon does absorb water, sodium and some fat soluble vitamins.

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Colon Cleansing

A method used to clean the colon of decayed trapped fecal matter.

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Isochronic Tones

Isochronic tones are regular beats of a single tone used for brainwave entrainment. Similar to monaural beats, the interference pattern that produces the beat is outside the brain so headphones are not required for entrainment to be effective. They differ from monaural beats, which are constant sine wave pulses rather than entirely separate pulses of a single tone. As the contrast between noise and silence is more pronounced than the constant pulses of monaural beats, the stimulus is stronger and has a greater effect on brain entrainment. Isochronic tones work by emitting sound at regular intervals.

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Jing Builder

Jing Builder keeps semen healthy and full keeping one strong and stable. This leads to greater potency, more ambition, and a powerful sense of health and vitality.

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Large Intestine

The large intestine is the last part of the digestive system in vertebrate animals. Its function is to absorb water from the remaining indigestible food matter, and then to pass useless waste material from the body.

Related Glossary Terms

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Levitation

The phenomenon of a person or thing rising into the air by apparently supernatural means.

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Muladhara Chakra

Muladhara is one of the seven primary chakras according to Hindu tantrism. It may be represented by the colour red, although its root square form is usually yellow.

Related Glossary Terms

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Resin

A sticky sometimes flammable organic substance, insoluble in water, exuded by some trees and other plants (notably fir and pine). Resin often accompanies a unique smell.

Related Glossary Terms

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Find Term

Root Chakra

Muladhara is one of the seven primary chakras according to Hindu tantrism. It may be represented by the colour red, although its root square form is usually yellow.

Related Glossary Terms

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Rune

A letter of an ancient Germanic alphabet that is the parent of the Roman alphabet.

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Shilajit

Shilajit, also known as silajit, salajeet or mumijo, momia and moomiyo is a thick, sticky tar-like substance with a colour ranging from white to dark brown, sometimes found in Caucasus mountains, Altai Mountains, and Tibet mountains and mountains of Gilgit Baltistan Pakistan and the Himalayas.

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Tarot

Divination cards, traditionally a pack of 78 with five suits, for use in Path reading and fortune telling. The modern suits are typically swords, cups, coins (or pentacles), batons (or wands), and a permanent suit of trump. While more ancient suits feature only 22 Major Arcana.

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Thurisaz

THURISAZ: TH-RUNE “Thoor-ri-sasz” (THURS)
Depiction: Thor’s hammer or a sharp thorn on a branch.
Runic Position: 1st Aett, 3rd Rune.
Original Meaning: Protection, defense against invaders, the enemy of an unfriendly force.
Key Words: Protection, destruction, defense, fertility, regeneration, projecting action.
Tree: Hawthorn.
Herb: House leek.
Gemstones: Carbuncle. Color:.Bright red. Animal Power: Goat. Element: Fire. Number: 3
Astrology: Mars. Tarot: Emperor.

Thurisaz means “strong-one,” or “giant.” It refers to the race of Giants, as well as their chief adversary, Thor. It means thunder, thunderbolt or lightning and is associated with Thor, especially with his hammer, Mjollnir. Thurisaz is the Rune of power that is projected or sent to break resistance. It is an aggressive force, but it is also reactive. It is a powerful defensive Rune, just as Thor is the defender of the Gods and mankind against the destructive forces of the Giants. Thurisaz counters chaos (Giants) and maintains order and stability. Thurisaz stands for the defense of the home or homeland as well as for the individual against the chaotic forces of the Giants. Being a Rune of lightning, it is also a fertility Rune and has regenerative powers. When combined with Eihwaz and Elhaz, the three Runes become a powerful lucky charm.

Thurisaz is the sign of pure action. It is the instinctual will within all of us that is directed by the cosmic forces of self-consciousness. Thor’s mother was a Giantess and so Thurisaz is the embodiment of the Thurses (Giant) powers, but because Thor’s father was Odin, (God/Aesir) this power has direction and consciousness. In the negative form, (reverse) Thurisaz is the undirected power of the chaotic forces. It is Thor’s hammer, Mjollnir, that provides balance between the forces of destruction and construction. Its nature is that of both fire and ice, united to form a great creative energy, violent, but guided in reaction to danger and threats.

Thurisaz is the controlled Gigantic force under the control of the Gods, for the purpose to hold in check Chaos, and maintain order in the universe. It is the sum total of the physical laws (known and unknown) of the universe. Because Thurisaz has the power to maintain order, it has the power to create. It is the embodiment of psycho-sexual forces that gives rise to new life and thus ensures future evolution. It is the Rune of regeneration and fertility, and when used correctly can unleash great energy (the Vril) to initiate new beginnings.

It is the Rune of settling scores, for the purpose of revenge used by both wizards and warriors. But it should be used to strike only back against those who threaten you. When Thurisaz is used with other Runes, it lends the force of aim and direction, causing the powers of the other Runes to be directed and reach their mark, breaking all barriers that might stand in their way.

Like the lightning that strikes the earth, filling it with new energy, and the rains that fertilize the ground, Thurisaz has great phallic powers of fertilization. This power is masculine in form and action.

Use Thurisaz to:

- 1) create a lightning stroke of inspiration and creativity.
- 2) give direction and aim when using Vril energy.
- 3) give fruitfulness.
- 4) increase one’s sexual powers or libido.
- 5) destroy all barriers and resistance.
- 6) give protection against attacks and send their power back toward their originator .
- 7) help awaken the sleeping powers of the Gods within you.

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Uruz

URUZ: U-RUNE “Ooo-rooze” (AUROCHS)

Depiction: The horns of the Aurochs facing down in the charging position.

Runic Position: 1st Aett, 2nd Rune.

Original Meaning: The primal force that gave structure to primal fires which combine to form the original creative force.

Key Words: Healing, patterning force, inner strength. Tree: Birch.

Herb: Sphagnum moss.

Gemstones: Moss agate.

Color: Dark green.

Animal Power: Ox, Aurochs, Bison. Other Names: Uraz, Ur.

Element: Earth.

Number: 2

Astrology: Taurus.

Tarot: Strength.

Uruz is the Rune of primordial strength and power, masculine force, the aurochs and the after life. The aurochs was a powerful bovine that roamed ancient Europe. It represents the untamed forces of the Earth that cannot be controlled by human will. Uruz is the forming force that gives shape and form. It is the power of destiny and the will to power. It represents male strength and power, male virility and fertility. It governs the powers of courage, bravery, determination, perseverance, endurance, and tenacity. Uruz is used to enhance those qualities that produce great leadership.

Uruz is the undomesticated force, the wild force of formation, counter to Audhumbla. It gives order to chaos, to substance–Ymir. It has the power to give shape and form to the multidimensional form. It has great power and when used properly, it can increase the powers of the other Runes. Uruz represents the powerful unconscious shaping-giving force of Vril that must be controlled. It is the Rune of vital energies—the Vril untamed.

Uruz is the Rune of deep-seated instincts within us that transform and create. Just as Odin, Vili, and Ve gave order to the universe by slaying Ymir, so too can we harness this same power through the use of Uruz to give purpose, order, and form to the other Runes, in our quest to transform and give new shape to the inner universe within us and the outer universe in which we live.

Uruz assists in the growth of wisdom that wells up from your deep-rooted well of consciousness—the Well of Urd. From it you can understand the workings of the forces of nature, the order that is the Gods and the synchronicity that they struggle to maintain.

The horns of Uruz face down, like those of the charging bull. By taming the Aurochs and drinking from its horns, one can ingest the raw, shape-giving power of Vril.

The Uruz is the wild force of formation that is associated with the father of all Giants, Ymir. The Uruz Rune is the most vital of energies and eliminates all weaknesses, transforming weaknesses into strengths. It is the unconscious Life Force and can be used to draw the Life Force to heal and known as the Healing Rune. It is the powerful instincts that exist in man, and must be controlled or it could be very destructive. It is rooted in the past and is the urge to defend the homeland and one's family and hearth.

Uruz is the Healing Rune. It represents the primal bovine, Audhumbla, the nurturing Vril energy, endlessly processing patterns, cleansing and reshaping. The healing power of Uruz is from the Well of Urd, waters that give shape to the World Tree. The water of the well is representative of the nurturing power of Vril, flowing into Urd. It then flows into the tree through one of its roots and up the trunk and branches and then falls from its leaves as dew, to the ground, and then back into the well to repeat the never-ending process. As the Healing Rune, Uruz draws Vril power from all realms and brings its powers together in synchronicity with the genetic structure of the body, restoring its healthy, natural form and the functioning of all its parts. Its healing powers renew life.

Uruz calls forth Vril energy and brings it forth into your own being. It reshapes the creative energy of Vril manifesting it into shapes and forms. It is used for self-healing, restoring the original patterns of physical and material forms with recuperative Vril energies. Its healing powers can be projected to others, especially effective with family members and close genetic relations. It provides strength, tenacity, determination of will, courage, persistence, and defense of your home and homeland. It is a powerful force to help begin new ventures and projects. And Uruz can be used to protect your freedom and freedom of action.

Use Uruz to:

1) harness Megin-Vril energies for healing.

2) project this force outward and inward.

3) restore strength, vitality and tenacity, as well as courage.

4) protect your home space, and maintain your freedom and independence.

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